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Book Review

"Essentials of Biostatistics & Research Methodology" - 4th Edition (ISBN number 978-93-93662-21-7)

Authors: Indranil Saha and Bobby Paul Academic Publishers. Kolkata. March 2023. Pp. 444.

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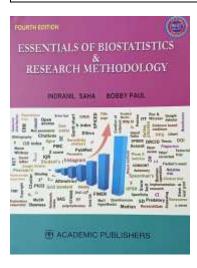
Book Review

"Essentials of Biostatistics & Research Methodology" Authored by Indranil Saha and Bobby Paul

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The book titled "Essentials of Biostatistics & Research Methodology" authored by Indranil Saha and Bobby Paul is a comprehensive and meticulously structured resource that offers not only knowledge but also significant perspectives on the field of biostatistics and research methodology. The purpose of this review is to highlight the merits and suggest minor areas of improvement in this exemplary work.

The book exhibits a well-organized framework, characterized by a coherent sequence that moves from foundational statistical principles to more intricate methodologies.

The book comprehensively addresses fundamental subjects including probability, hypothesis testing, regression analysis, and experimental design, presenting them in a coherent sequence that ensures accessibility to individuals with diverse degrees of statistical proficiency. The writers demonstrate a high level of proficiency in effectively communicating intricate statistical topics in a comprehensible fashion. The incorporation of illustrative instances and practical implementations significantly augments understanding.

The book offers a comprehensive examination of the topic, rendering it a great asset for persons engaged in both knowledge seekers as well as scholarly investigations within the realm of public health. The chapters pertaining to research methodology and study design provide useful practical information for individuals who are new to the discipline, aiding them in the planning and execution of biostatistics.

The book incorporates a wide range of illustrations and questions including multiple choice questions derived from the domain of public health, thereby enabling learners to effectively employ statistical principles in practical scenarios and to gain confidence in their own abilities by attempting the questions. The questions also serve to establish a connection between theoretical concepts and practical applications, so strengthening the book's pertinence to the field of public health research. These exercises serve as an effective method for strengthening comprehension and cultivating statistical proficiency. The implementation of practical exercises is a valuable component in educational settings.

Visual aids are tools used to enhance presentations or convey information visually. A suggestion here is to perhaps include more photographs from field studies and anecdotes from the field from both of their rich and diverse research careers.

The literary style employed in this resource is characterized by its brevity and clarity, rendering it highly suitable for individuals at various levels of proficiency, including novices and those seeking expedient access to information. The text employs a predominantly jargon-free language, rendering it easily comprehensible for a wide range of readers.

The book contains a comprehensive compilation of sources that facilitates in-depth study and also easy review of particular subjects. The inclusion of a dedicated area containing online information and tools pertaining to the fields of biostatistics and research methodology could prove advantageous. The book is designed to meet the needs of those who are engaged in independent study as well as those who are participating in a traditional classroom environment, thereby supporting a diverse range of learning preferences and approaches.

Due to the dynamic and progressive character of the fields of public health and biostatistics, it is recommended that the book undergo periodic updates in order to incorporate contemporary best practices and the most recent advancements in research methodology.

In conclusion, the book titled "Essentials of Biostatistics & Research Methodology" authored by Indranil Saha and Bobby Paul is a highly recommended resource for anyone with an interest in the field of public health research. The thorough coverage, inclusion of practical examples, and clear presentation of the material make it a highly valuable resource for anybody wanting to traverse the complexities of biostatistics and research technique. This revised 4th edition continues to hold significant value for researchers in the field of public health, regardless of their level of experience.